



**Teesdale School
& Sixth Form**

Important contacts and links

Access your child's support plan:
<https://edukeyapp.com/account/login>

SENDCo Contact:
kim.nicholson@teesdaleschool.co.uk

Dyslexia:

A guide for parents and carers

Dyslexia is a learning difficulty that primarily affects reading, spelling, and writing. It can also impact memory, organisation, and processing speed. Dyslexia is not linked to intelligence; many dyslexic individuals are highly creative and excel in problem-solving. With the right support and tools, children with dyslexia can thrive.

Support groups

If you have a child with dyslexia and you need advice, these support organisations can help:

Dyslexia NorthEast - Supporting those affected by dyslexia, ADHD, dyspraxia, and autism.
info@dne.org.uk | www.dne.org.uk

British Dyslexia Association (BDA) - Campaigning for a Dyslexia friendly society where barriers to Dyslexic people do not exist.
helpline@bdadyslexia.org.uk | www.bdadyslexia.org.uk

How to help your child

By providing the right encouragement, resources, and tools, you can help your child develop confidence and succeed in their learning journey. Here are some tips:

- Explore different types of reading material – Comic books, graphic novels, and child-friendly newspapers can be engaging alternatives to traditional books.
- Make reading a family event, share in a book together.
- Always encourage and support your child as they learn, praise effort.

Use technology to assist learning - as many children with dyslexia prefer to work on a computer:

- Word processing programmes can be useful because they have a spell-checker to highlight mistakes in your child's writing.
- **Text-to-speech tools:** Many web browsers and programs include text-to-speech functions. For example, Microsoft Immersive Reader in Office 365 can read text aloud. Learn more here: **Microsoft Immersive Reader**
- **Speech recognition software:** Children with Dyslexia often have better verbal skills than writing and there are many free online tools that can convert spoken words into text.
- **Cued Spelling:** A useful technique to reinforce spellings at home. Learn more at: **Highland Literacy Cued Spelling**



North East
Learning Trust